Tomatoes

Today on Gardening in a Minute: tomatoes.

Tomatoes are a popular garden vegetable that’s rich in Vitamins A and C. They can be grown many different ways, including in containers, in the ground, or in a greenhouse.

You can start tomatoes from seed or buy transplants from your local garden center.

Look for varieties that are suited to Florida’s hot climate and, if possible, are resistant to nematodes and diseases. Good choices include ‘Better Boy’, ‘Sweet Million’ and ‘Solar Set’.

Plant your tomatoes as soon as the danger of frost has passed. Plant them slightly deeper than they grew in the pot to create a deeper root system.

Staking will help to keep fruit off the ground and to conserve space.

Wait until your tomatoes are fully ripe, and you’ll enjoy the fullest flavor!

For more information about tomatoes and many other gardening topics, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.