Potting Mixes

Today on Gardening in a Minute: potting mixes.

Whether you’re repotting a houseplant or starting a new container garden, it’s important to use the right potting mix.

You should be able to find several types of potting media at your local garden center.

Commercial potting mixes typically include a blend of ingredients like sphagnum peat moss, processed bark, sand, perlite, or vermiculite.

The balance of these ingredients will affect the density of the potting mix, as well as its ability to hold water. Some products even include moisture-holding crystals or fertilizer.

Finely ground mixes are good for starting seeds, while medium and coarse mixes work for most other gardening projects.

When in doubt, read the product label so that you can find the potting mix that’s perfect for your project!

For more information about potting mixes and many other gardening topics, contact your county Extension office or visit Gardening in a Minute dot com.

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