Protecting Your Plants from the Cold

Today on Gardening in a Minute: protecting your plants from the cold.

When you know a frost or freeze is coming, it’s time to protect the plants you’ve nurtured so carefully.

Plants in containers can be moved into the garage or any other structure where heat can be supplied or trapped.

In the landscape, low-growing plants may benefit from warmth held in the soil, and mulch helps to keep the heat in.

Fabric covers, like cloth sheets or quilts, can also trap ground heat, as long as they extend to the ground and are anchored to prevent them from blowing off in high winds.

A lamp or other heat source which is safe and appropriate for outdoors can provide added warmth under the cover.

Remember to remove covers early in the day once the danger of frost has passed.

For more information about this and many other gardening topics, contact your county extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.