Starting Vegetable Gardens from Seed

Today on Gardening in a Minute: starting vegetable gardens from seed.

When planting vegetable gardens, many gardeners buy “starter” plants. But you can also start your garden from seed.

Starting from seed saves money and allows you to select from a wide variety of vegetables that come in a range of tastes and colors and are suited for your area.

You can direct-seed them or plant them in small containers until they’re large enough to transplant.

Different vegetables should be planted at different times of the year. Order fresh seed well in advance of planting or buy from local sources right before planting.

Sow more than you think you’ll need, and thin out the weaker plants. Consider starting seeds throughout the season for a continuous vegetable harvest.

Don’t be intimidated by starting from seed—it’s a fun and easy project!

For more information on starting a garden, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.