The Summer Garden

Today on Gardening in a Minute: the summer garden.

Vegetable gardening in Florida is fun and easy, and if you’re up for the heat and humidity, you can even grow veggies in the summer.

A handful of vegetables will do well in the summer heat, including sweet potatoes, southern peas, cherry tomatoes, and okra.

And some spring crops like peppers and eggplant may continue into the summer. As long as plants are healthy, there is no need to remove them if they’re still producing fruit.

If you prefer to give your garden a rest during the summer, take advantage of the summer sun to solarize the soil. This kills nematodes, weeds, and other harmful pests with heat.

Your summer garden can continue to provide delicious food, or take a needed rest--either way, summer can be a productive time.

For more information about summer gardens and many other gardening topics, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.