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Vegetable Gardening with Raised Beds

Today on Gardening in a Minute: vegetable gardening with raised beds.

Raised beds can be a great way to grow vegetables. They provide you with complete control of the soil and make access and maintenance a lot easier.

Gardening with raised beds is not a new concept, and it's easy to do.

Construct a frame for your raised bed using bricks, concrete blocks, recycled plastic, or any non-toxic wood. But you don't need to be handy, as there are many simple-to-use kits available.

Most beds are three to four feet wide, but they can range from a few inches to a couple of feet high.

Raised beds allow you to mix your own soil, possibly reducing pests and allowing for larger harvests.

Why wait? Start your raised beds today and you can be enjoying homegrown vegetables before you know it!

For more information about raised beds, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida's Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.

your solution for Florida-friendly gardening