Summer Vegetables

Today on Gardening in a Minute: summer vegetables.

Vegetable gardening in Florida is fun and easy, and if you’re up for the heat and humidity, you can even grow veggies in the summer.

A handful of vegetables will do well in the summer heat, including sweet potatoes, southern peas, cherry tomatoes, and okra.

And some spring crops like peppers and eggplant may produce well into the summer, so if you planted these in the spring, don’t remove them until you’re sure their time is up.

Many people take advantage of the summer sun to solarize the soil. This kills nematodes, weeds, and other harmful pests with heat. Just cover the soil with clear plastic, seal the edges, and leave in place for at least six weeks.

So keep the harvest coming by gardening all year round!

For more information about summer vegetables and many other gardening topics, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.