Japanese Gardens

Today on Gardening in a Minute: Japanese gardens.

Japanese gardens are beautiful and peaceful places that strive to represent perfect harmony in nature.

They’re designed based on three basic principles: reduced scale, symbolization, and borrowed view.

Japanese gardens derive their beauty from a blending of different elements, including sand, rocks, water, plants, and ornaments such as lanterns and water basins.

There’s more than one kind of Japanese garden. Rock gardens have strategically placed rocks and sand raked into intricate designs.

Strolling gardens require visitors to walk along a path, visiting certain spots that prompt them to look at specific elements.

Tea and pond gardens are also typical styles.

With careful planning, you can make a Japanese garden all your own!

For more information about Japanese gardens and many other gardening topics, contact your county extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.