Roof Gardens

Today on Gardening in a Minute: roof gardens.

Roof gardens reduce stormwater run-off, filter air pollution, and create habitat for birds and other critters. They’re an exciting and unique way to expand the landscape, and are growing in popularity.

Well-designed roof gardens include systems that help drain water, nourish and support plants, and protect the building itself. They can even help you conserve energy by regulating building temperatures naturally.

If you’re building a new home or an outbuilding, consider including a roof garden in your plans. It’ll take a bit of extra effort and money, but you’ll be rewarded with a fun and different garden project.

Your roof garden should include plants that can withstand the hot, dry conditions of a sunny roof, but will survive wetter periods as well.

For more information about roof gardens and many other gardening topics, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.