Culinary Herbs

Today on Gardening in a Minute: culinary herbs.

Herbs are a great way to add a little zest, to both your garden and to your cooking! Culinary herbs bring unique flavors and aromas to meals and are easy to grow in the Florida garden.

Some herbs, like rosemary, can grow year-round in many parts of Florida while other herbs, like cilantro, basil, and oregano, grow as annuals.

Starter plants are readily available. Look for plants that are healthy and haven't begun to flower. Then find a sunny location in your garden and plant your herbs, adding organic matter to the planting bed.

Herb gardens can be quite small, as most gardeners only grow one or two plants of each herb. In fact, you can even grow herbs in containers!

For more information about culinary herbs, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.

your solution for Florida-friendly gardening