Fall Vegetable Gardening

Today on Gardening in a Minute: fall vegetable gardening.

In Florida, fall is an excellent time to start a vegetable garden. Cool-season vegetables to plant in October include broccoli, lettuce, carrots, Brussels sprouts, and radishes.

If you’re planting in an area already used for spring and summer crops, be careful to remove all dead or diseased plant matter, including roots.

You may want to have your soil tested to check the pH level and to determine what nutrients you might need to add. Till your soil a few weeks before planting, and then add organic matter, such as cow manure or compost.

Make sure your garden gets at least six hours of full sun, and is close to a water supply.

Plan your garden carefully, and in a few months you’ll be rewarded with delicious vegetables!

For more information on vegetable gardening, contact your county Extension office or visit gardening in a minute dot com.

Gardening in a Minute is a production of the University of Florida’s Center for Landscape Conservation and Ecology, IFAS Extension, and WUFT-FM.