Ginger

Today on Gardening in a Minute: ginger.

Ginger is a perennial plant that’s been grown for centuries all over the world for medicine and cooking.

Edible ginger root can be bought fresh by the pound, or in a powdered or candied form, and can be grown throughout Florida.

The edible ginger has narrow leaf blades and yellow-green flowers with purple tips that grow in dense spikes. Its underground stems, or rhizomes, are plump and tan, and they smell pungent and spicy.

Ginger does best in partial to full shade in a bed that’s been prepared with organic matter.

Harvest your ginger in the fall or when the tops have died down. Allow the rhizomes to dry in the shade, then bring your fresh ginger inside and add it to your smoothie, curry, or other tasty dish!

For more information about ginger, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Environmental Horticulture Department, IFAS Extension, and WUFT-FM.