Sensory Gardens

Today on Gardening in a Minute: sensory gardens.

In sensory gardens, plants and other design elements provide experiences for seeing, smelling, hearing, touching, and tasting. Sensory gardens can be created in spaces of any size, including containers.

Some sensory gardens are devoted specifically to one sense, while others focus on several senses.

Sensory gardens can serve many functions. They’re used for teaching, socializing, and therapy. These gardens can be designed for specific users, such as children or the blind. Raised beds and wide pathways can make sensory gardens accessible to all.

Sensory gardens encourage interaction with plants, so interpretive signs and access to the plants are important. Choose plants that are people-friendly and use as few pesticides as possible.

For more information about this and many other gardening topics, contact your county extension office or visit Gardening in a Minute dot com.

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