Hydroponic Herbs

Today on Gardening in a Minute: hydroponic herbs.

Homegrown herbs are delicious and easy to take care of. Many gardeners grow herbs in containers with soil, but they can also be grown hydroponically, either indoors or outside.

Hydroponics is when you grow plants in a nutrient-rich solution instead of in soil.

There are all kinds of kits to get you started. You can even build your own hydroponic system. Hydroponic units can be elaborate, with pumps, timers, and other equipment, or can be simple floating systems.

Hydroponically grown herbs grow much faster than traditionally grown herbs. This difference is because the needed moisture and nutrients are always readily available, allowing plants to maximize growth and production.

Another advantage of growing herbs hydroponically is that you’ll never have to weed them or deal with soil-borne pests.

For more information on growing herbs hydroponically, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida’s Environmental Horticulture Department, IFAS Extension, and WUFT-FM.