Herbs: Intro

Today on Gardening in a Minute, herb gardening.

Herbs are plants grown for their special aromas and flavors. They are mainly used to season, enrich, or otherwise improve the taste or smell of foods. Many herbs are also colorful and have interesting textures.

Herbs are well-suited for container culture, because only a small portion of the plant is usually needed at any one time and the plants are generally small. They can also be used in borders or in flower beds.

Most herbs will do well under the same conditions of sunlight and soil as vegetables, although some herbs are more sensitive to soil moisture conditions than others. The addition of organic matter to sandy soils can be beneficial since herbs are shallow rooting.

Keep in mind that some herbs, such as mint, can grow rapidly and become weedy if left unchecked.

For more information on herb gardening, contact your local Extension office or visit Gardening in a Minute dot com.

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